COMPaRE-PHC aims to inform primary health care policy and practice in the prevention and management of obesity in disadvantaged populations across Australia. Funded by the Australian Primary Health Care Research Institute, COMPaRE-PHC is the only Centre of Research Excellence focused solely on the wellbeing of socially and economically vulnerable groups, where the incidence of obesity has increased the most.

**Research Stream 1: Families with young children**

**Research Questions**

1. Can nurses in Primary Health Care settings (General Practice, Maternal and Child Health Clinics and an Indigenous Health Service) utilise a m-health intervention for parents of young children living in disadvantaged areas?

2. What is the effect of a tailored m-health intervention on maternal and child diet, sedentary behaviours and weight amongst disadvantaged families?

**Research Stream 2: Disadvantaged populations**

**Research Questions**

1. How can weight loss be achieved and maintained in Indigenous and disadvantaged individuals with low health literacy?

2. How can multi-disciplinary interventions of sufficient intensity and duration to achieve clinically significant weight loss and maintenance over 18 months be provided for at-risk individuals in PHC (including by referral)?

**Research Stream 3: Implementation of obesity management guidelines**

**Research Questions**

1. What is the cost effectiveness of a strategy to implement obesity guidelines in PHC?

2. How are referral options including surgical intervening implemented for obese patients in PHC?

3. How can implementation of weight management in PHC be integrated with community and population health strategies for obesity prevention?

**Knowledge transfer and exchange**

COMPaRE-PHC aims to provide and facilitate translation of evidence to inform PHC practice and policy.

We run seminars, write systematic reviews, research briefs, train researchers and more.

Visit our website [http://compare-phc.unsw.edu.au](http://compare-phc.unsw.edu.au):

- For resources, links, and other information about the prevention and management of obesity by PHC
- To find out about our research
- To sign up to our e-newsletter

**The COMPaRE-PHC team**

[http://compare-phc.unsw.edu.au](http://compare-phc.unsw.edu.au)